

Person-centred counselor training project UK-Afghanistan

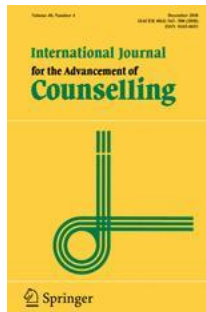
From: [Maureen O'Hara](#)

Louise:

From my colleague in the UK who did a counseling training project in Afghanistan. Might be interesting to the IP folks.

Very proud to announce the publication of our last article on the progressions and development of our work in Afghanistan!

Counselling Training in Afghanistan: the Long Term Development of the INSPIRE Project



link.springer.com

Between 2010 and 2014, the British Council funded a project under a scheme called INSPIRE, which involved training a group of 20 Afghan practitioners in counselling skills. The participants were from...

<https://link.springer.com/article/10.1007%2Fs10447-018-9369-4?fbclid=IwAR0D3GWQEdbEvHNmvE69LzH1ow9Qq26j-BGAnIJUZwBMh41pREIkWY44bc>

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From: [Olga Louchakova-Schwartz](#)

Sent: Wednesday, January 09, 2019 12:57 AM

Bravo!
Such wonderful news.

BTW, I just saw the new film Vice. I highly recommend it; it's a remarkable historical document, and a good work of art.

Olga

From: [Martha Bragin](#)
Sent: Thursday, January 10, 2019 10:36 AM

Dear Louise, Maureen and Olga and all,

So wonderful to hear news from you!. My colleague Bree Akesson and I are just completing a two year (2016-2018) program to support the MoHE to build Counseling Degree Programs at Kabul University and Herat University . We were eager to learn from your program and to work to build on it. Of course we read your article linked here and included it in the start-up report and needs assessment.

For anyone interested in reading about our work, we published a Special Issue of the journal *Intervention: International Journal of Mental Health and Psychosocial Support in Armed Conflict* with many articles by our Afghan colleagues!

<http://www.interventionjournal.org/currentissue.asp?sabs=n>

Read about the research that informed our work here

http://www.interventionjournal.org/temp/Intervention163231-3695011_101550.pdf

Read a description of our project here

http://www.interventionjournal.org/temp/Intervention163261-3703073_101710.pdf

It would be a real delight to hear more from any of you who were involved in that project and share experiences.

Many thanks for sharing this information and to anyone who remains interested in the work of our Afghan colleagues in social work and in counseling psychology!

Warm regards

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From: [Ellie Zarrabian, PhD](#)
Sent: Thursday, January 10, 2019 10:52 AM

Hi all,

I live in Los Angeles and in 2016 I ran a pilot study with students at the International Islamic University in Islamabad, Pakistan using only social media It was quite successful. There is a great need for mental health services and education over there as well. Thanks for posting.

Ellie Zarrabian, PhD
